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	<p>10:00 Balance Class 11:00 Next Level Fit With Christian Burch 2:00 Bingo 2:00 Channel 96: Gentle Yoga 3:30 Conversations in French and French Culture with Frank Martin</p>	<p>10:00 Sittercise 11:00 Lunch Outing to Pepperoni Grill (*) 11:00 Sing-A-Long to the Oldies 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drills 1:45 Kroger (*) 7:15 Movie</p>	<p>10:00 Balance Class 11:00 A Room With Many Views w/ Rev. Jim Lewis 2:00 Bingo 3:30 Golf 7:00 Prayer Circle Meeting</p>	<p>Independence Day Dining Room Hours 12-2:30 3:00 Freedom Celebration With Edgewood Summit Dixieland Band</p>	<p>10:00 Balance Class 11:00 Next Level Fit With Christian Burch 1:00 Shopping @ Walmart (*) 1:30 Catholic Mass 3:30 Golf 7:15 Movie</p>	<p>10:00 Sittercise 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:00 Makers Space Workshop 7:15 Movie</p>
<p>9:00 Church Shuttle (*) 10:00 Channel 96: Catholic Mass 10:30 Church Shuttle (*) 11:00 Spiritual Service 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:30 Channel 96: Bible Study for Beginners 3:00 Catholic Mass with Fr. John Finnell 6:00 Movie</p>	<p>10:00 Balance Class 11:00 Next Level Fit With Christian Burch 2:00 Bingo 2:00 Channel 96: Gentle Yoga 3:30 Conversations in French and French Culture with Frank Martin</p>	<p>10:00 Sittercise 10:30 Massages by The Massage & Reiki Center (*) 1:00 Channel 96: Seated Exercises 1:00 Holy Communion With St. Marks Methodist Church 1:30 Channel 96: Balance Skills & Drills 1:45 Kroger (*) 3:00 Resident Association Meeting 7:15 Movie</p>	<p>10:00 Balance Class 11:00 A Room With Many Views w/ Rev. Jim Lewis 1:30 Dementia & Alzheimer's Support Group 2:00 Bingo 2:00 Check Cashing 3:30 Golf 7:00 Prayer Circle Meeting</p>	<p>10:00 Sittercise 11:00 Flex & Flow with Mary Louise King 1:00 Channel 96: Gentle Yoga 1:45 Kroger (*)</p>	<p>10:00 Balance Class 11:00 Next Level Fit With Christian Burch 1:00 Shopping @ Dollar Tree (*) 3:30 Golf 7:15 Movie</p>	<p>10:00 Sittercise 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:00 Makers Space Workshop 7:15 Movie</p>
<p>9:00 Church Shuttle (*) 10:00 Channel 96: Catholic Mass 10:30 Church Shuttle (*) 11:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley 11:00 Spiritual Service 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:30 Channel 96: Bible Study for Beginners 3:00 Catholic Communion 6:00 Movie</p>	<p>10:00 Balance Class 11:00 Next Level Fit With Christian Burch 1:00 Monthly Birthday Celebration 2:00 Bingo 2:00 Channel 96: Gentle Yoga 3:00 Kanawha Humane Association Pet Visits 3:30 Conversations in French and French Culture with Frank Martin 5:30 Parkinsons Support Group Meeting at Blessed Sacrament (*)</p>	<p>Ashura 10:00 Sittercise 11:00 Lunch Outing to Smokehouse (*) 11:00 Sing-A-Long with Phyllis 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drills 1:45 Kroger (*) 3:30 Golf 7:15 Movie</p>	<p>10:00 Balance Class 11:00 A Room With Many Views w/ Rev. Jim Lewis 3:00 Edgewood Summit's 29th Anniversary Party with The Bob Thompson Band 7:00 Prayer Circle Meeting</p>	<p>10:00 Sittercise 11:00 Blood Pressure Check 11:00 Flex & Flow with Mary Louise King 12:30 Alterations w/Carolyn 1:00 Channel 96: Gentle Yoga 1:45 Kroger (*) 3:00 Double Play Flute & Tuba</p>	<p>10:00 Balance Class 11:00 Next Level Fit With Christian Burch 1:00 Shopping @ Drug Emporium (*) 3:30 Golf 7:15 Movie</p>	<p>10:00 Sittercise 1:00 Blueberry Cobbler Social 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:00 Makers Space Workshop 7:15 Movie</p>
<p>Full Moon 9:00 Church Shuttle (*) 10:00 Channel 96: Catholic Mass 10:30 Church Shuttle (*) 11:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley 11:00 Spiritual Service 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:30 Channel 96: Bible Study for Beginners 3:00 Catholic Communion 6:00 Movie</p>	<p>10:00 Balance Class 11:00 Next Level Fit With Christian Burch 2:00 Bingo 2:00 Channel 96: Gentle Yoga 3:30 Conversations in French and French Culture with Frank Martin</p>	<p>10:00 Sittercise 1:00 Channel 96: Seated Exercises 1:00 WVU OLLI Class "Boats on Kanawha by Steve Holsclaw (*)" 1:30 Channel 96: Balance Skills & Drills 1:45 Kroger (*) 4:00 Dinner Trip to Longhorn Steakhouse (*) 7:15 Movie</p>	<p>10:00 Balance Class 11:00 A Room With Many Views w/ Rev. Jim Lewis 11:00 New Resident Orientation 2:00 Bingo 2:00 Check Cashing 3:30 Golf 7:00 Prayer Circle Meeting</p>	<p>10:00 Sittercise 11:00 Flex & Flow with Mary Louise King 1:00 Channel 96: Gentle Yoga 1:00 Private Caregiver Meeting 1:45 Kroger (*) 3:00 Christmas in July Dance with Arlen Bishop</p>	<p>10:00 Balance Class 11:00 Next Level Fit With Christian Burch 1:00 Chit Chat 1:00 Shopping @ Target (*) 3:30 Golf 7:15 Movie</p>	<p>10:00 Sittercise 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:00 Bill Crockett's 90th Birthday Celebration 2:00 Makers Space Workshop 7:15 Movie</p>
<p>9:00 Church Shuttle (*) 10:00 Channel 96: Catholic Mass 10:30 Church Shuttle (*) 11:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley 11:00 Spiritual Service 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:30 Channel 96: Bible Study for Beginners 3:00 Catholic Communion 6:00 Movie</p>	<p>10:00 Balance Class 11:00 Next Level Fit With Christian Burch 2:00 Bingo 2:00 Channel 96: Gentle Yoga 3:30 Conversations in French and French Culture with Frank Martin</p>	<p>10:00 Sittercise 11:00 Baked Potato Fundraiser 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drills 1:45 Kroger (*) 7:15 Movie</p>	<p>10:00 Balance Class 11:00 A Room With Many Views w/ Rev. Jim Lewis 2:00 Bingo 3:30 Golf 7:00 Prayer Circle Meeting</p>		<p>Please use the registration sheet to sign up for any event with an asterisk (*) next to it.</p>	

July 2024

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